

**WAUKESHA COUNTY
AODA ADVISORY COMMITTEE
TUESDAY, OCTOBER 18, 2016
MINUTES**

Present Committee: Jim Aker, Susie Austin, Rose Barton, Marla Bell, John Kettler, Lauri McHugh-Badura, Pat Miller, Kelly Morgan, Joe Muchka, Mike O'Brien, Joan Sternweis

Excused Absence: Debra Adamus, Betty Groenewold, Lou Hernandez, William Hinsenkamp, Sarah Justin, David Lamack, Dennis Radloff, Sarah Riggsbee, Kevin Schaefer, Dennis Williams, Lee Wipfli, Dani Wosick

Guest: Darren Becker, Rachael Cooper, Mary Goggins, Mark Meske, Patrick Reilly, Adele Revoy, Lisa Riggle

INTERESTED PARTIES

Chair Jim Aker called the meeting to order at 10:33 a.m. Introductions were exchanged among the committee members and guests present.

APPROVAL OF MINUTES

Motion: Lauri McHugh-Badura moved, Mike O'Brien second, to approve the minutes of September 20, 2016. Motion carried unanimously.

PRESENTATION ON LSS'S EXPANSION OF GENESIS HOUSE UPDATES

Aker reported that an LSS investor purchased the former River Hills Nursing Home, located across from Waukesha County Technical College. The parcel of land is 19 acres. LSS will be occupying $\frac{1}{4}$ of the building with 20 beds, split between men and women. They will be offering an approximately 21-day program for medically monitored treatment as a formal residential program, and transitional residential treatment for up to 3 months.

The conditional use permit has been applied for.

Next will be a presentation in front of the Pewaukee Village Board. Committee members will soon get an invite to attend in support. Once approved by the Board, doors will open in approximately 5 months.

If there are any questions, contact Aker.

PRESENTATION ON TREATING OPIATE/OPIOID OVERDOSE IN THE EMERGENCY ROOM (ER) AT WAUKESHA MEMORIAL

Mark Meske is an RN and EMT for ProHealth, and has been an ER Nurse at Waukesha Memorial Hospital (WMH) for 2 years.

Meske stated that they see 2-3 overdoses a day, over 20 a week. The overdoses range in severity. In 2001, there were approximately 2,000 heroin overdoses nationally. In 2014, there were approximately 12,000.

The majority of overdoses are poly-substance, with common pairings being heroin, oxycodone, morphine, and Fentanyl. A new opioid that could be mixed in and is extremely potent is W-18. WMH staff may have come into contact with W-18, but are unsure if it was W-18 or a poly-substance situation.

Overdoses are controlled with Narcan, given by emergency response personnel, or by the emergency room at the hospital. The goal of the emergency personnel is to address basic life support, breathing and pulse, first. They also need to make sure they are not missing some other medical issue causing the symptoms (i.e low blood sugar, low blood pressure, stroke, or seizure – which has symptoms similar to a potential overdose). It is not safe to give Narcan if the person can breathe just fine. If the person can breathe and is given Narcan, they can become combative. The safest solution is to transport the person to the hospital before administering Narcan, but if that is not possible, the next option is to give small doses of Narcan until the person can breathe again.

The preferred method to administer Narcan is via I.V. since it is absorbed the fastest that way. Narcan also comes as an intramuscular injection, intranasal spray, or a nebulizer treatment for a very select group of patients.

Narcan is being administered by hospitals, EMR, EMT Basic, and law enforcement. While law enforcement are not required to administer it, they can choose to and will be covered under the Good Samaritan law. The Waukesha County Sheriff's Department does administer Narcan.

While Narcan is a good drug to reverse an opiate overdose, now the concern is that the opiate users are using the Narcan for that purpose as well.

The yo-yo effect of doing the drugs, taking the Narcan, doing the drugs again, and taking the Narcan again, does effect the body. This is especially the case due to the lack of oxygen for a time period.

At WMH, after the patient is stabilized, they will be referred to Assessment and Referral for a psychiatric and substance use evaluation to determine where they will go.

McHugh-Badura left at 11:13am.

While Narcan should not be taken off of the layman market, there needs to be more education on when to use Narcan versus when to do something else (like CPR).

PRESENTATION ON TREATING OPIATE/OPIOID OVERDOSE EVENTS ELSEWHERE IN THE COMMUNITY

Darren Becker is from City of Waukesha Fire Department.

Becker stated that opiate/opioid overdoses are not strictly with one particular population. The overdoses can occur with those in the urban areas, that are homeless, young, middle-aged, professionals, or middle class.

The heroin potency has increased.

Becker re-emphasized the goal to get the person to the hospital safely while maintaining and supporting their vital signs. The EMT personnel will use Narcan for those that are unresponsive and there is not a clear cause.

EMT officials receive some positive feedback from patients post-incident, but that is rare.

They are not required to report on Narcan uses at this time, but it can be queried by request.

Becker agreed that it would be hugely beneficial for more education with using Narcan.

When determining if an overdose was a suicide attempt versus accidental, EMT officials will ask the person outright. If the person died from the overdose, they look to see if there was a note left or another obvious sign.

HHS BOARD LIAISON REPORT

Board is not meeting this month, so no report.

HHS STAFF LIAISON REPORT

John Kettler reported that the Waukesha County Heroin Task Force met as a large group a few weeks ago, and added new goals. They will be meeting again in December.

The AODA Volunteers had a successful lunch and learn in September. There will be another presentation on motivational speaking coming up.

Susie Austin is training peer support mentors through the Drug Treatment Court program. She is also meeting with a core group of the AODA Volunteers about the mentoring program. The manual for the program is just being put together, so it has not been determined if they will be drug tested, however, the volunteers may also already be on supervision.

Kettler reported that the Provider Network is having its 4th meeting on November 3rd, and all providers are welcome. Presentation topics will include pain medications, continuing education for physicians, and SCAODA.

Joan Sternweis reported that the Wisconsin Prescription Drug Opioid Overdose Prevention Project is a SAMHSA grant that the state applied for and was selected to participate in. The state did research on deaths per 100,000 population. As a result, Waukesha, Kenosha, and Sauk counties were selected for the grant. There will be a meeting later this week. The biggest emphasis is utilizing data that is collected in the

Prescription Drug Monitoring Program (PDMP) where physicians log in prescription information. The physicians will need to start entering the information by April, 2017. Everyone that works with the patient is to be educated from first responder on how to approach the patient and prevent reoccurrence. How the education occurs is up to each county. The grant is a 5-year progressive grant with many entities as stakeholders and partners. The state was the actually awarded the grant, but if Waukesha County spends money as lined out in the grant, we will get reimbursed.

UPDATE COMMITTEE/GUEST/LIAISON CONTACT LIST

At the next meeting, the contact list will be by the sign in sheets for everyone to review and update.

OTHER

Kelly Morgan reported that the Oconomowoc High School is putting on their Deadliest Decisions on October 19th. There is a permanent site for a replica bedroom at the Hartland Fire Department, showing the things to look for in your child's bedroom. Oconomowoc's middle school is also doing fun activities for Drug Awareness Week next week.

Adele Revoy distributed information for the Drug Free Communities Grant. She also distributed a flyer for The Anonymous People that will be shown, with discussion following, at the United Unitarian Universalist Congregation in Waukesha on November 3rd and 10th.

Patrick Reilly commented that Kevin Schaefer has joined the Healing Corner.

ADJOURNMENT

Motion to adjourn made by Rose Barton, second by Morgan. Meeting adjourned at 12:01 p.m.

Respectfully Submitted
Janelle McClain, Recorder

Approved on November 15, 2016.